



# School News



December 2016

## Linda Vista *Elementary*

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**Robert Johnson**  
*Principal*

### Preventing Bullying

During the month of October, Linda Vista Elementary School observed National Bullying Prevention Month. Bullying is defined as “unwanted, aggressive behavior among school-aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time.” (For more information, visit [www.stopbullying.gov](http://www.stopbullying.gov).)

The Linda Vista community participated in a number of activities designed to increase awareness about bullying among students, parents, and staff. The first week, students and staff were asked to wear blue shirts as we celebrated World Blue Shirt Day. The next week was Friendship Week. Students were encouraged to make new friends and to practice being and keeping good friends. Kindness Week followed. Students

and staff were asked to do something nice for someone else each day during that week. The month concluded with Say Something Nice to Someone Week during the last week of October.

Each of these activities presented opportunities for our students to develop and practice skills that they will be able to use at school, at home, and in the future. Students were shown why bullies can be very powerful yet harmful, and they learned how to deal with bullies in a positive way.

